King, Warrior, Magician, Lover Inventory

- Choose the statements which mostly describe you by circling a, b, c, and/or d for each question.

1. If asked, I would have to admit I am:
   a. A deeply sensitive and caring person
   b. Someone spontaneous, highly social, and more physical than in my head
   c. A person who makes a powerful finish to everything I start
   d. Someone who can always be counted upon for advice

2. My friends and family would describe me as being:
   a. A person who makes decisions
   b. Actively determined
   c. The life of the party
   d. A person with creative flair

3. Though it might ultimately leave me feeling good, a very difficult task for me would be to:
   a. Reveal my private feelings and desires, or one of my most humbling life events
   b. Entertain or speak to an audience
   c. Give one-on-one advice to a stranger
   d. Stand up for my beliefs in a crowded room where nobody agrees with me

4. One of my biggest strengths is my ability to:
   a. Make others laugh and feel comfortable
   b. Communicate what I'm thinking and feeling
   c. Help others work through their problems
   d. Defend and win an argument

5. What you might overhear me saying to a good friend is:
   a. "We should start a group together and put on a show next month!"
   b. "If I were in your shoes, I'd feel that way too. But the universe has a way of working things out..."
   c. "Look, it's not right for them to treat you that way. Do you want me to say something?"
   d. "I read a book on that once and here's how things worked out..."

6. My best day would likely include:
   a. Spending time alone in my favourite place to reflect, read, or create something
   b. Leading a team to victory
   c. Throwing a surprise party for my friends
   d. Sharing in an important moment or conversation with another person

7. I measure my authenticity by:
   a. Keeping to times agreed upon
   b. Expressing my freedom
   c. Being informed by what my body tells me
   d. My adaptability

8. When I'm feeling stressed, I usually:
   a. Cry if I need to, then call a close friend to talk about what's happening
   b. Confront the causes of my stress quickly
   c. Analyse my problems, patiently make a strategy, and list ways to deal with them
   d. Take my mind off of the problem for awhile by going out on the town with friends
9. The things that annoy me most about other people are:
   a. When they are too arrogant about what they know
   b. When they talk too much about unimportant things
   c. When they always have to win the argument
   d. When they always have to be the centre of attention

10. In another life, I would have wanted to be:
   a. A writer who comes from the heart
   b. An artist or actor who wins awards
   c. An intellectual expert that everyone seeks out
   d. A powerful business person or athlete

11. When in a group situation I usually:
   a. Tell jokes and suggest interesting ways of doing work to reduce tension and increase fun
   b. Promote the discussion of conflicts in order to resolve disagreements
   c. Warmly encourage all members of the group to participate
   d. Express support, acceptance and liking for other members of the group

12. When problem solving within a group I usually:
   a. Try to build trust and evaluate the emotional climate
   b. Actively listen to all angles before concluding
   c. Support a good idea by adding views that are unique and energising
   d. Give information and my opinion regardless of what others might think

13. When in conflict, which statement/s resembles your style?:
   a. Fields are won by those who believe in winning
   b. Kind words are worth much and cost little
   c. Frankness, honesty and trust will move mountains
   d. A fair exchange brings no quarrel

14. Again... when in conflict, which statement/s resembles your style?:
   a. Gentleness will triumph over anger
   b. When both people give in half way, a fair settlement is achieved
   c. Put your foot down when you mean to stand
   d. By digging and digging, the truth is discovered

15. Again... when in conflict, which statement/s resembles your style?:
   a. One gift for another makes good friends
   b. Kill your enemies with kindness
   c. Come now and let us reason together
   d. There are two types of people in the world, the winners and the losers

16. Which word/s do you gravitate towards?:
   a. Theory
   b. Practice
   c. Flexibility
   d. Strength
Scoring

- Transfer your answers to the table below.
- Add them up and get a total score for each archetype.
- Work out your % via the table to the right.

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Interpreting your score

- Scores between 37%-62% are an ideal distribution.
- If you have over or under functioning archetypes, consider how you might use your energy to get more balance, harmony and happiness. For example, if you have scores over 62% (over functioning archetype/s) consider distributing this energy to scores under 37% (under functioning archetype/s). That is, do less of what you are doing and challenge yourself to awaken dormant aspects of yourself.
- If you are not within the 31%-68% range, life can get out of balance and things start to break down physically, emotionally and/or mentally. Use this diagram to identify over (+) or under (-) functioning. Draw your line through each axis. The 50% line (|) is through the middle.