

'Healers often cannot teach, and teachers cannot heal. Myss can do both'

LARRY DOSSEY

Anatomy of the Spirit takes the interconnectedness of mind, body and spirit even further than ever before. Based on fifteen years of research into energy medicine, it shows that we can be responsible not only for our health but for our healing.

In this breakthrough book, Dr Caroline Myss, who is herself able to diagnose illness by intuitive means, sets out a unique programme specifically designed to promote spontaneous physical, emotional and spiritual healing. Here she explores the links between spiritual and emotional stresses and the specific illnesses these create in different parts of the human energy system.

Anatomy of the Spirit also presents Dr Myss's long-awaited model of the body's seven centres of spiritual and physical power in which she synthesizes the ancient wisdom of three spiritual traditions – the Hindu chakras, the Christian sacraments and the Kabbalah's Tree of Life. With this model, Dr Myss shows how you can develop your own latent powers of intuition as you simultaneously develop your personal power and spiritual maturity. As you begin to understand the anatomy of your spirit, you will discover the spiritual causes of illness, how to sense and correct an energy imbalance before it expresses itself as physical illness, and how to recover emotionally and physically from an illness you may already have. By learning to see your body and spirit in a new way that draws on old truths, you can begin to develop a spiritual maturity and authority that will change your life.

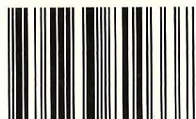
'An offering to your soul that shimmers with insight.

Caroline Myss is a new, original voice that will be heard. She writes and speaks from the heart with great clarity and vision. I enthusiastically endorse her teachings.

Pay attention – there is much to learn here'

DR WAYNE DYER

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ANATOMY of the SPIRIT CAROLINE MYSS PH.D.

ANATOMY OF THE SPIRIT



*The SEVEN
STAGES of POWER
and HEALING*

CAROLINE MYSS, PH.D.

