

"An astonishingly complete manual for men based on virtually all the elements of the Integral Model, in itself a remarkable feat. And the advice is truly sound. A great book!"

Ken Wilber, *The Integral Vision*

Integral Relationships

A Manual for Men



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Edited by Harriett Hardman

CHAPTER 12

Locating Your Partner and Yourself on the Compatibility Matrix

Sometimes life is too hard to be single, and sometimes life is too good not to be shared.

~ Elizabeth Gilbert ~

Out of all the elements that comprise the Kosmic Address, the level of consciousness—or altitude—is the most crucial factor to predict the quality and sustainability of your partnership. Altitude defines how individuals view and express every other aspect of their existence (Primary Fantasy, lines, levels, states, and types), and points to the number of perspectives (first, second, third, fourth, etc. person) that an individual is capable of taking. No matter how much you may be sexually attracted to a partner and share other intelligences, interests, lifestyle choices, dreams, mutually compatible unconscious pathologies, and similar levels of vertical spiritual, sexual, and anima/animus development (which are all important), the quality and outcome of your partnership will be primarily determined by your and her altitude.

If we put the eight stages of male growth in consciousness that we outlined above on a vertical axis on the left side of a matrix, and place the female expansion along the top, then we get 64 possible combinations of compatibilities and incompatibilities. To use the matrix, simply locate the highest level of consciousness that a woman has reached in the top row and that of the man in the left column. The intersecting field between will provide you with a short description of the relationship that is most likely to exist or develop between the two.

For example, an orange woman may have a teal man as a mentor, friend, and lover. An amber woman may be frustrated with her red husband and divorce him.

