

# Finding your Unique Spiritual Path

## The Illuminating Spiritual Path

**My practice includes bringing more presence to the moment**

I have a loving-kindness practice I do for others

**At the centre of my spirituality is a longing for unity and connection**

I have a personal relationship with my higher self or creator

**My inner life is my source of connecting**

I model integrity and compassion

**I muse with a higher source about what could be different or might be in store**

I pray/meditate in silence

**I help others define their values**

I Pray/meditate in solitude

**I appreciate the beauty of creation**

I am very giving by nature

**My spirituality is guided by intuitions and feelings**

## The Stabilizing Spiritual Path

I pray/meditate in community

**I serve through action to make things better for people, organizations or the natural world**

I am duty bound in my Soulwork

**I pray/meditate through consistent, private conversation with my creator**

I appreciate the continuity of spiritual traditions and creeds

**I have a sequential & structured spiritual life, typically with set times or routines**

My service is often behind the scenes

**I have an environmental focus defining my spirituality**

The past heavily influences my spirituality

**I am in service, working to change structures that seem ineffective, corrupt or unfair**

Nature is my spiritual teacher

**I am in service to organizing the structures for change**

## The Analytical Spiritual Path

**I serve through integrating observations and rational thought**

I pray/meditate as a search for answers, truths, guiding principles and explanations

**I engage spiritually through debate and discourse**

I have a spiritual quest for effectiveness

**I find meaning in most things**

I have a reflective spiritual life, which includes enquiry, study, and wrestling with difficult issues

**I pray/meditate in dialoguing with my creator about principals and ethics**

I serve through determining systems for actualization of improvements

**I serve through conceiving the bigger picture & envisioning new paradigms**

## The Active, Community Oriented Spiritual Path

I Pray/meditate with and for the needs of people and community

**My spirituality is defined through meaningful interpersonal relations**

I have a structured spiritual life, a basis for my commitment to others

**I serve through involvement with people, organizing to meet group needs**

I pray/meditate with groups, at events and blessings

**My Soulwork is defined through activities with others**

I have a spontaneous spiritual life

**I find happiness in the midst of the celebration of life**

My spirituality is connected to my sexuality

**My spirituality is defined by my focus on enhancing the future**

**Know Thyself  
ENLIGHTENMENT  
Unifier**



**Protection**



**Mastery of Self  
TRUE POWER  
Stabilizer**

**Know the other  
WISDOM  
Clarifier**



**Passion**



**Mastery of Others  
TRUE STRENGTH  
Activator**

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