



Integral Therapy for Therapists

Bali/Ubud 19 - 31st May 2024

Full Program Timetable

with facilitators

Jonine Lee Gabay, Nic Morrey, Kairava Shan-Ra,
Ange Koutsofrigas & Master Ketut

Systemic/Family Constellations beginners training

May 19-22rd 2024 (15 CPD points)

Breathing life into the parts within the whole

Sunday 19th

1pm - 5pm	Intro session & Overview <ul style="list-style-type: none"> Family Constellations (set up and intro) Centred therapy (Part 1) exploring an integrally informed therapeutic approach Formulating your own care plan - setting up your 6/12 days of healing and training 	With Nic and Jonine
6-8pm	Cocktails & Group Dinner (the Traveler) 2 min walk Meet on the roof top	

Monday 20th

7am – 9am	Yin Yoga and breath-work (kundalini balance sequence)	With Ange
9am – 10:30am	Breakfast (on-site)	
10:30am-1:30pm	The Orders of Love - Belonging - Hierarchy - Balance - Conscience - Function	With Jonine
1:30pm	Lunch (on-site) then free time	

Tuesday 21st

7am – 8:30am	Yin Yoga and breath-work (slow rhythmic release)	With Ange
8:30am – 10am	Breakfast (on-site)	
10am-1:30pm	Setting up constellations, interventions, rituals and sentences of resolution	With Jonine
1:30pm-3pm	Lunch (on-site)	
3pm-4:30pm	Role of the representative	With Jonine
6pm	Dinner	

Wednesday 22nd

7am – 9am	Yin Yoga	With Ange
9am – 10:30am	Breakfast (on-site)	
10:30am-1:30pm	Family/Systemic constellations in practice	With Jonine
1:30pm	Lunch (on-site)	
6pm	Dinner	

Thursday 23rd

7am – 3pm	White Water Rafting - Lunch included (optional activity)	With Kairava
6pm - 9pm	Sauna @ Dragonfly Village	

Couples and Centred therapy training
May 24-27th 2024 (15 CPD points)
The meeting point between sovereignty and intimacy

Friday 24th

7am – 9am	Yin Yoga and breathwork	With Ange
9am-10am	Breakfast (on-site)	
10am - 1pm	From Co-dependence to Inter-dependence	With Nic and Kairava
1pm – 2:30pm	Lunch (on-site)	
2:30pm -	Water Blessing	Off Site with Kairava
6pm	Dinner	

Saturday 25th

7am – 9am	Yin Yoga and breathwork	With Ange
9am-10am	Breakfast on-site)	
10am - 1pm	Finding a relationship with your Autonomic Nervous System	With Nic & Kairava
1pm – 2:30pm	Lunch (on-site)	
2:30pm - 4:30pm	Centred therapy in action (Part 2)	With Nic
6:30 - 8pm	Fire Dance	Off Site

Sunday 26th

7am-8:30am	Kundalini Yoga	With Ange
8:30am-10am	Breakfast (on-site)	
10am-1:30pm	Centred therapy in action (Part 3)	With Nic
1:30pm	Lunch (on-site) and Break	

Monday 27th

7am-9am	Yin Yoga	With Ange
9am-10am	Breakfast (on-site)	
10am-1pm	Centred therapy in action (Part 4)	With Nic
1pm	Lunch (on-site) and Break Halo Bee - Live in Concert 6pm at Cinema Paradiso \$20AUD if you're feeling the vibe	

The Psychology of Spirituality training May 28-31st 2024 (15 CPD points) Contemplative traditional wisdom meets contemporary technique

Tuesday 28th

7am – 8:30am	Zazen and Kinhin	With Nic
8:30am-10am	Breakfast (on-site)	
10am-1pm	The overlap between psychology and spirituality	With Nic
1pm-2:30pm	Lunch (on-site)	
2:30pm-5pm	Travel from Prashanti to Paradiso for 5Rhythms dance	
6pm	Dinner	

Wednesday 29th

7:45am - 9am	Kundalini shake up	With Kairava
9am - 10am	Breakfast (on-site)	
10am -1pm	The influence of contemplative traditions in psychology	With Nic & Kairava
1pm - 5pm	Lunch (on-site) & Break	
5pm - 9pm	Dinner and 7pm Movie @ Paradiso Cinema – Wings of Desire. Off Jalan Hanoman te – Jl. Goutama Sel., Ubud	

Thursday 30th

7 - 9am	Kundalini Yoga (for beginners) and shamanic healing	With Master Ketut
9am - 10am	Breakfast (on-site)	
10am - 1pm	Working with dreams (the original language of the soul)	With Nic & Kairava
1pm - 2:30pm	Lunch (on-site)	

Friday 31st

7:30am - 9am	Finding your own Yoga	
9am - 10am	Breakfast (on-site)	
10am - 1pm	A Soul Centred Psychotherapeutic approach	With Kairava
1pm - 2:30pm	Lunch (on-site)	
2:30pm - 4:30pm	Bringing it all together	With Nic
6:30 - 8pm	Group Dinner at Zest	Off Site

SYSTEMIC/FAMILY CONSTELLATIONS with Jonine Lee Gabay (19th - 22nd)

"The Knowing Field has been a phenomenon of Family Constellations that is difficult to understand. The term "Knowing field" seems to be the most appropriate term for describing the field phenomena which forms on and in the representatives and guides the process to a resolution and an acceptance of "what is".

"On the one hand, it can be seen as a poetic term, poetry being the most accurate language at the level of the soul. On the other hand, "Knowing field" is inspired by Rupert Sheldrake's findings on morphogenic fields and the extended mind, as well as quantum physics and its surprising discoveries regarding the transmission of information and knowledge through quantum fields"

CENTRED THERAPY with Nic Morrey (24th - 27th)

For the 11 anniversary, this retreat will delve deeper into the application of centred therapy for healing ourselves and those we care for in practice. You will receive a module on retreat to accompany our 2 weeks of development toward healing in relationship. Topics range from characterological study, intelligence lines of development, dialectical polarity work, working with BPD & NPD, when to use what therapy, micro-skills for relational depth, how to balance distance and closeness, languages of love, exit strategies to intimacy, finding your own therapy style, effective communication when the heat is on, hot monogamy, attachment styles, understanding the 7 instinctual health rhythms, addiction, working with the big 4 emotions (Shame, Anger, Grief, Fear), the origins of affect, dream work, working with archetypes and healing genealogical wounds.