



# Working with the unconscious

## Bali/Ubud 10th-11th October 2026

### Full Program Timetable

with facilitators  
 Nic Morrey,  
 Yin Yoga with Master Ketut & Chocolako

(15 CPD points)

#### Accessing Body Memory and images from Dreams: The Language of the Soul

##### Saturday 10th

7am – 8:30am	Kundalini Yoga	With Ketut
8:30am-10am	Breakfast (on-site)	
10am-1pm	Working with dreams (the original language of the soul)	With Nic
1pm-2:30pm	Lunch	
2:30-5:30pm	Accessing the Central Nervous System	With Nic
6pm	Group dinner at Honeymoon guest house (upstairs)	

##### Sunday 11

7am - 8:30am	Yin Yoga	With Choc
8:30am - 10am	Breakfast	
10am -1pm	Accessing linear/cyclical and developmental time From the unconscious to subconscious to conscious awareness	With Nic
1pm - 2:30pm	Lunch	
2:30pm-5pm	Kabbalah and Tarot. A path to individuation.	With Nic
5pm-5:30pm	Closing the circle	

#### CENTRED THERAPY with Nic Morrey

For the 13th anniversary, this retreat will delve deeper into the application of centred therapy for healing ourselves and those we care for in practice. You will receive a module on retreat to accompany our week of development toward healing in relationship. Topics range from characterological study, intelligence lines of development, dialectical polarity work, working with BPD & NPD, when to use what therapy, micro-skills for relational depth, how to balance distance and closeness, languages of love, exit strategies to intimacy, finding your own therapy style, effective communication when the heat is on, hot monogamy, attachment styles, understanding the 7 instinctual health rhythms, addiction, working with the big 4 emotions (Shame, Anger, Grief, Fear), the origins of affect, dream work, working with archetypes and healing genealogical wounds. These 2 days combine process oriented psychology with Jungian and Jewish psychology with a specific focus on Dream Work, Kabbalah and Tarot.