



Integral Therapy for Therapists

Bali/Ubud 4-11th October 2026

Full Program Timetable

with facilitators

Diana Anderson & Nic Morrey,
Yin Yoga with Ketut, Choc & Arik

Finding your Centre in Relationship

October 4th-8th 2026

(25 CPD points)

The Meeting point between Sovereignty and Intimacy

With Imago and Centred Therapy

Sunday 4th

10:30am - 1pm	Intro session & Overview <ul style="list-style-type: none"> Centred therapy (Part 1) exploring an integrally informed therapeutic approach Formulating your own care plan - setting up your 7 day emersion of restorative healing and training 	With Nic
2:30-5pm	Setting up you relational constellations - Personal, Familial and Professional	With Diana
6-8pm	Cocktails and group dinner at Honeymoon restaurant (upstairs)	

Monday 5th

7am – 8am	Yin Yoga	With Arik
8am - 9:30am	Breakfast (on-site)	
9:30am - 12pm	Centred Therapy (Part 2) Couples therapy for the Neurosis/ Narcissism dyad. Understanding Grandiosity and working with betrayals of trust.	With Nic
Break 20 mins		
12:20pm - 1:20pm	Centred therapy (Part3) On finding your centre in relationship via emotional, libidinal and cognitive intelligence	With Nic
1:30-3pm	Lunch and free time	
3pm-5pm	Identifying family patterns (Family & Imago Therapy)	With Diana

Tuesday 6th

7am – 8:30am	Yin Yoga	With Choc
8:30am – 10:30am	Breakfast (on-site)	
10:30am - 1:30pm	Working with the couple and individual sexual relationship (Imago and Relational Life Therapy)	With Diana
1:30-3pm	Lunch	
3pm-4:30pm	5Rhythms dance @ Cinema Paradiso	

Wednesday 7th

7am – 8:30am	Yin Yoga	With Choc
8:30am – 10:30am	Breakfast (on-site)	
10:30am - 1:30pm	Relationship with your Childhood Primary Caretakers (Mother & Father or significant others)	With Diana
1:30-3pm	Lunch	
3pm-4:30pm	On the reciprocity of giving/receiving & taking/allowing	With Nic
6pm	Dinner	

Thursday 8th

7am – 8am	Yin Yoga	With Arik
8am - 10am	Breakfast (on-site)	
10am - 1pm	Centred Therapy (Part 4) Couples therapy for maintaining personal and spiritual development	With Nic
1pm – 2:30pm	Lunch	
2:30pm - 4pm	Taking Relational pattern work into your private practice	With Diana
4-5:30pm	Closing the circle	With Nic and Diana

Friday 9th

7am – 8am	Yin Yoga	With Arik
	DAY OFF before starting the next theme	



Working with the Unconscious

Bali/Ubud 10th-11th October 2026

Full Program Timetable

with facilitators
 Nic Morrey and Diana Anderson
 Yin Yoga with Master Ketut & Chocolako

(15 CPD points)

Accessing Body Memory and images from Dreams: The Language of the Soul

Saturday 10th

7am – 8:30am	Kundalini Yoga	With Ketut
8:30am-10am	Breakfast (on-site)	
10am-1pm	Working with dreams (the original language of the soul)	With Nic
1pm-2:30pm	Lunch	
2:30-5:30pm	Finding what unconsciously attracts us to a partner (to an other) Our IMAGO match	With Diana

Sunday 11th

7am - 8:30am	Yin Yoga	With Arik
8:30am - 10am	Breakfast	
10am -1pm	Finding our linear, cyclical, developmental and eternal time. From the unconscious to subconscious to conscious awareness by accessing the central nervous system	With Nic
1pm - 2:30pm	Lunch	
2:30pm-5pm	Kabbalah and Tarot. Symbol and Image work as path to individuation.	With Nic
5pm-5:30pm	Closing the circle	